

Nutbush Twister

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: William Sevone . (June 2013)

Music: "Nutbush City Limits" - Beth Hart & Joe Bonamassa ('Seesaw' / 152 bpm)

Alternate music:- 'Nutbush City Limits' by The Glee Cast (season 4) or Ike & Tina Turner (many compilations)

Choreographers note:- There are no tricky steps, restarts or tags - but its fast and could leave you directionally challenged.

Add as much of your own styling as you wish.

Always remember - 'The beat may reach your feet - but the rhythm will electrify your soul'.

Dance starts on Count 16 after the snare drum comes in (which is just after the Trumpets) - and one count prior to vocals.

2x Diag Fwd. 2x Diag Bwd. Walk Back. Hitch n Scoot Bwd (12:00)

1 - 2 Step right diagonally forward right. Step left diagonally forward left

3 - 4 Step right diagonally back left. Step left diagonally back right.

5 - 7small step - Walk backward: R-L-R-L-R.

8 Hitch left knee & scoot backward on right.

2x Diag Bwd. 2x Diag Fwd. Walk Fwd. Hitch n Scoot Fwd (12:00)

9 - 10 Step left diagonally back left . Step right diagonally back right.

11 - 12 Step left diagonally forward right. Step right diagonally forward left.

13 - 15small steps - Walk forward: L-R-L-R-L.

16 Hitch right knee & scoot forward on left.

Rock, Recover. 2x 1/4 Side Rock-Recover. 1/4 Side. 1/4 Cross (6:00)

17 - 18 Rock forward onto right. Recover onto left.

19 - 20 Turn ¼ right & rock right to right side (3). Recover onto left.

21 - 22 Turn ¼ left & rock forward onto right (12). Recover onto left.

23 - 24 Turn ¼ right & step right to right side (3). Turn ¼ right & cross left over right (6)

Scissor Step. Side. 1/2 Side Rock. Recover. Rock Behind. Recover (12:00)

25 - 26 Step right to right side. Step left next to right.

27 - 28 Cross right over left. Step left to left side.

29 - 30 Turn ½ right & rock right to right side (12). Recover onto left.

31 - 32 Rock right behind left. Recover onto left.

2x Grapevine with Diagonal Flick Kick (12:00).

33 - 34 Step right to right side. Cross left behind right.

35 - 36 Step right to right side. Flick kick left diagonally left..

37 - 38 Step left to left side. Cross right over left.

39 - 40 Step left to left side. Flick kick right diagonally right.

1/4 Fwd. 1/4 Side. 2x Slow Sailor. (6:00)

41 - 42 Turn 1/4 right & step forward onto right (3). Turn 1/4 right & step left to left side (6).

43 - 44 Cross right behind left. Step left next to right.

45 Step right to right side.

46 - 47 Cross left behind right. Step right next to left.

48 Step left to left side.

1/4 Fwd. 1/4 Side. 2x Slow Sailor. (12:00)

49 - 50 Turn 1/4 right & step forward onto right (9). Turn 1/4 right & step left to left side (12).

51 - 52 Cross right behind left. Step left next to right.

53 Step right to right side.

54 - 55 Cross left behind right. Step right next to left.

56 Step left to left side.

Diagonal Flick Kick. Weave. Diagonal Flick Kick. 1/4 Back. Touch. Hold or Pose (9:00)

57 - 58 Flick kick right diagonally right. Cross right behind left.

59 - 60 Step left to left side. Cross right over left

61 - 62 Flick kick left diagonally left. Turn ¼ left (to face 9:00 wall) & step backward onto left .

63 - 64 Touch right next to left. Hold - or create an individual pose.

DANCE FINISH: The dance will finish on count 32 of the 8th Wall (facing 3:00).

To end dance facing the 'home' wall and on the final word 'NUTBUSH' do the following after count 32:

1(NUT-) Turn $\frac{1}{4}$ left and stamp right to right side - throwing out right arm out to right.

2(BUSH) Step left foot to left side - throwing left arm out to left.

If using: The Glee Cast - Wall 7 count 22 facing 12:00. Ike & Tina Turner - Wall 6 count 64 facing 6:00.