

# MONICA

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**Count:** —                      **Wall:** 2                      **Level:** Phrased Easy Intermediate

**Choreographer:** BM Leong ( June 2008 )

**Music:** Monica by Lesley Cheung

**Sequence of dance: ABABC / A(32) / ABABC / BBB**

**Count in: 16 counts starting on vocal.**

**Section A ( 40 counts. )**

**RIGHT VINE, TOUCH, STEP, TAP, BACK, TOUCH**

- 1-2            Step right to right side, cross left behind right
- 3-4            Step right to right side, touch left beside right
- 5-6            Step left forward, tap right toes behind left heel
- 7-8            Step right back, touch left toes beside right toes

**LEFT VINE, TOUCH, STEP, TAP, BACK, TOUCH**

- 1-2            Step left to left side, cross right behind left
- 3-4            Step left to left side, touch right beside left
- 5-6            Step right forward, tap left toes behind right heel
- 7-8            Step left back, touch right toes beside left toes

**FORWARD LOCK STEP WITH SCUFF X 2**

- 1-2            Step right forward to right diagonal, lock left behind right
- 3-4            Step right forward diagonally, scuff left forward
- 5-6            Step left forward to left diagonal, lock right behind left
- 7-8            Step left forward diagonally, scuff right forward

**ROCK, RECOVER, 1/2 TURN RIGHT, HOLD, ROCK, RECOVER, 1/2 TURN LEFT**

- 1-2            Rock right forward, recover onto left
- 3-4            Turning 1/2 right step right forward, hold
- 5-6            Rock left forward, recover onto right
- 7-8            Turning 1/2 left step left forward, hold

### **SIDE-ROCK-CROSS, HOLD, SIDE-ROCK-1/2 TURN LEFT, HOLD**

- 1-2 Rock right to right side, recover onto left
- 3-4 Cross right over left, hold
- 5-6 Rock left to left side, recover onto right
- 7-8 Turning 1/2 left step left to left side, hold

### **Section B ( 32 counts.)**

#### **STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD**

- 1-2 Step right forward diagonally pushing both hands up, hold
- 3-4 Step left forward diagonally pushing both hands up, hold
- 5-6 Step right forward diagonally pushing both hands up, hold
- 7-8 Step left forward diagonally pushing both hands up, hold

#### **KICK & TOUCH, RIGHT HIP BUMPS X 2, RIGHT SHOULDER PUSH X 4**

- 1&2 Kick right forward, step right together, touch left forward diagonally
- 3-4 With weight on right, bump hips to right side twice pushing right palm forward & to the right
- 5-8 Push right shoulder forward 4 times.

#### **BACK TOE STRUTS X 4**

- 1-2 Touch left toes back, step left heel down
- 3-4 Touch right toes back, step right heel down
- 5-6 Touch left toes back, step left heel down
- 7-8 Touch right toes back, step right heel down

#### **KICK & TOUCH, LEFT HIP BUMPS X 2, RIGHT SHOULDER PUSH X 4**

- 1&2 Kick left forward, step left together, touch right forward diagonally
- 3-4 With weight on left, bump hips to left side twice pushing left palm forward & to the left
- 5-8 Push right shoulder forward 4 times

### **Section C ( 56 counts )**

**Counts 1-40 are the same as Section A**

#### **FORWARD MAMBO, HOLD, BACK MAMBO, HOLD**

- 1-2** Rock right forward, recover onto left
- 3-4** Step right back, hold
- 5-6** Rock left back, recover onto right
- 7-8** Step left forward, hold

### **SIDE-ROCK-CROSS, HOLD X 2**

- 1-2** Rock right to right side, recover onto left
- 3-4** Cross right over left, hold
- 5-6** Rock left to left side, recover onto right
- 7-8** Cross left over right, hold