

HOIST 'EM UP

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Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: Tony Wilson & Lana Harvey

Music: Leaving Of Liverpool by The Showband Show

SAILOR STEPS, ½ PIVOTS

- 1&2** Step right behind left, step left to left side, step right next to left
- 3&4** Step left behind right, step right to right side, step left next to right
- 5-6** Step right forward, pivot ½ left on ball of left weight ending on left
- 7-8** Step right forward, pivot ½ left on ball of left weight ending on left

STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FORWARD

- 1-2** Stomp right forward, hold and clap
- 3-4** Stomp left forward, hold and clap
- 5-6** Touch right heel forward, touch right toe back
- 7-8** Shuffle forward right-left-right

¼ PIVOT, CROSS SHUFFLE, ¼ TURN LEFT, FORWARD LOCK STEP

- 1-2** Step forward on left, pivot ¼ right on ball of right weight ending on right
- 3&4** Cross step left over right, step right slightly to right, cross step left over right
- 5** Pivoting ¼ left on ball of left, step right back
- 6** Rock back on left (you are now facing wall 1 with body angled left)
- 7&8** Step right forward, lock left behind right, step right forward

HEEL, TOE ½ TURN LEFT, SHUFFLE FORWARD, STOMP, CLAP, STOMP, CLAP

- 1-2** Touch left heel forward, touch left toe back
- &** Pivot ½ left on ball of right
- 3&4** Shuffle forward left-right-left
- 5-6** Stomp right forward, hold and clap
- 7-8** Stomp left forward, hold and clap

REPEAT