

# FOOL ON A STOOL

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Rosalie Mackay

**Music:** One Fool On A Stool by Zona Jones

## **SIDE, DRAG, BACK ROCK, SIDE SHUFFLE, BACK ROCK**

**1-2-3-4** Step right to right side, drag left towards right, rock back on left, rock forward on right

**5&6-7-8** Left side shuffle left-right-left, rock back on right, rock forward on left

## **(TOE HEEL) ¼ TURN STRUT, ½ TURN STRUT, ½ TURN STRUT, BACK ROCK**

**1-2-3-4** Turn ¼ left step back on right toe, drop right heel, turn ½ left step forward on left toe, drop left heel

**5-6-7-8** Turn ½ left step back on right toe, drop right heel, rock back on left, rock forward on right (9:00)

## **PIVOT ½ TURN, TOE HEEL STRUT, PIVOT ½ TURN, TOE HEEL STRUT**

**1-2-3-4** Step left forward, pivot ½ right weight on right, step left toe forward, drop left heel (3:00)

**5-6-7-8** Step right forward, pivot ½ left weight on left, step right toe forward, drop right heel (9:00)

## **TOE, HEEL, CROSS, TOE, HEEL, CROSS ¼ TURN BALL STEP (SAMBA TURN), HOLD**

**1-2-3** Tap left toe inwards at 45'left, tap left heel at 45'left, cross/step left over right

**4-5** Tap right toe inwards at 45'right, tap right heel at 45'right

**6&7-8** Cross/step right over left, turn ¼ right quickly step on ball of left to left side, step right to right side, hold (12:00)

## **(BOOGIE WALK) STOMP, HOLD, STOMP, HOLD, LEFT, RIGHT, LEFT, HOLD**

**1-2-3-4** Stomp left forward (toe out heel in), hold, turn left heel out & stomp right forward (toe out heel in), hold

**5** Step left forward heel turned inward while swiveling right heel out

**6-7-8** Step right forward heel turned inward while swiveling left heel out, step left forward heel turned inwards, hold

## **& HEEL, HOLD, & HEEL HOLD, ½ TURN, TOGETHER, HEEL SPLITS**

**&1-2(Traveling backwards) quickly step back on right, touch left heel at 45' left, hold**

**&3-4(Traveling backwards) quickly step back on left, touch right heel at 45' right, hold**

**5-6-7-8** Turn  $\frac{1}{2}$  right step right forward, step left together, weight on balls of both feet split heels apart, together (6:00)

**SIDE, BEHIND, SIDE, TOUCH, LEFT 45, BACK SLAP, LEFT 45, BACK SLAP**

**1-2-3-4** Step right to right side, step left behind right, step right to right side, touch left beside right

**5-6-7-8** Touch left heel at 45' left, slap left heel behind right knee with right hand, repeat left 45, back slap

**SIDE, BEHIND, SIDE, SCUFF, PIVOT  $\frac{1}{4}$  TURN, PIVOT  $\frac{1}{2}$  TURN**

**1-2-3-4** Step left to left side, step right behind left, step left to left side, scuff right beside left (6:00)

**5-6-7-8** Step right forward, pivot  $\frac{1}{4}$  left weight on left (3:00), step right forward, pivot  $\frac{1}{2}$  left weight on left (9:00)

**REPEAT**

**TO FINISH DANCE**

**On the last wall (the 6th) you will be dancing, toe, heel, cross toe, heel, cross,  $\frac{1}{4}$  turn right ball step, hold. To face the front make your turn a  $\frac{1}{2}$  turn right ball step, hold, then stomp left forward, hold, stomp right forward, hold**