

# OPEN UP

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**Count:** 64      **Wall:** 2      **Level:** beginner/intermediate

**Choreographer:** Jan Wyllie

**Music:** Open Up Your Heart by The Bellamy Brothers

## **¼ KICK STEP TOUCH, SIDE KICK STEP TOUCH**

- 1-2**            Making ¼ right step right to right side, kick left leg to left side
- 3-4**            Step left to left, touch right beside left
- 5-6-7-8**      Step right to right, kick left to left, step left to left, touch right beside left

## **¼ SHUFFLE, STEP PIVOT ½, STEP HOLD, FORWARD ROCK RETURN**

- 9&10**          Making ¼ right shuffle forward right, left, right
- 11-12-13-14** Step forward on left, pivot ½ right transferring weight to right, step forward on left, hold
- 15-16**          Rock/step forward on right, rock back on left

## **¼ KICK STEP TOUCH, SIDE KICK STEP TOUCH**

- 17-18**          Making ¼ right step right to right side, kick left leg to left side
- 19-20**          Step left to left, touch right beside left
- 21-22-23-24** Step right to right, kick left to left, step left to left, touch right beside left

## **¼ SHUFFLE, STEP PIVOT ½ STEP FORWARD, STEP PIVOT ¼ STEP FORWARD**

- 25&26**          Making ¼ right shuffle forward right, left, right
- 27-28-29**      Step forward on left, pivot ½ right transferring weight to right, step forward on left
- 30-31-32**      Step forward on right, pivot ¼ left, step forward on right

## **FORWARD ROCK RETURN, STEP BACK KICK, BACK ROCK RETURN, SHUFFLE FORWARD**

- 33-34-35-36** Rock/step forward on left, rock back on right, step back on left, kick right forward
- 37-38-39&40** Rock/step back on right, rock forward on left, shuffle forward right, left, right

## **STEP PIVOT ¼, STEP PIVOT ¼, STOMP HOLD, STEP SWEEP**

- 41-42**          Step forward on left, pivot ¼ right transferring weight to right
- 43-44**          Step forward on left, pivot ¼ right transferring weight to right
- 45-46**          Stomp forward on left, hold

**47-48** Step forward on right, sweep left around to front

**WEAVE RIGHT, CROSS ROCK RETURN, ¼ ROCK RETURN**

**49-50-51-52** Step left across right, step right to right, step left behind right, step right to right

**53-54** Cross/rock left over right, rock back on right

**55-56** Making ¼ left rock/step forward on left, rock back on right

**COASTER BACK, STEP HOLD, STEP PIVOT ½, STEP TOUCH**

**57&58** Step back on left, step right beside left, step forward on left (coaster)

**59-60** Step forward on right, hold

**61-62** Step forward on left, pivot ½ right transferring weight to right

**63-64** Step forward on left, touch right beside left

**REPEAT**

**ENDING**

**Dance to count 60 (you will be facing the front) and then**

**1-2-3-4** Step left forward, scuff right forward, stomp, hold