

# Jo'Anna

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**Count:** 64

**Wall:** 4

**Level:** Improver

**Choreographer:** Sebastiaan Holtland , Netherlands (10-04-2015)

**Music:** Gimme Hope Jo'Anna by Lou Bega (Cd A Little Bit of 80's 2013).

**Dance starts on lyrics (at the word `Well`).(No Tags, No Restarts).**

**[1-8] Side, Shimmy, Together, Hold, Side, Together, Step, Hold.**

**1-4** Step Lt to left, drag Rt toward left, step Rt together Lt, Hold.

**(Shimmy shoulders as you drag)**

**5-8** Step Lt to the left, step Rt together Lt, step Lt forward, Hold.

**[9-16] Fwd Rock, Recover, ½ R, Step, ¼ R, Side, Back, Heel, Replace, Together.**

**1-4** Rock Rt fwd, recover on Lt, turn ½ right (6) step Rt fwd, turn ¼ right (9) step Lt slightly to the left.

**5-8** Step Rt slightly back, touch L heel diagonal fwd, step Lt back in place, step Rt together Lt.

**[17-24] Side, Touch, Side, Touch, Rolling Vine R, Touch.**

**1-4** Step Rt to the right, touch Lt next to Rt, step Lt to the left, touch Rt next to Lt.

**5-8** Turn ¼ right (12) step Rt fwd, turn ½ right (6) step Lt back, Turn ¼ right (9) step Rt to the right, touch Lt next to Rt.

**[25-32] Side, Touch, Side, Touch, ¼ L, L Hip Pushes Fwd & Together (travelling fwd), Touch.**

**1-4** Step Lt to the left, touch Rt next to Lt, step Rt to the right, touch Lt next to Rt.

**5-8** Turn ¼ left (6) step Lt fwd push L hip fwd, step Rt together Lt, step Lt fwd push L hip fwd, touch Rt next Lt

**[33-40] Side, Rising Kick L, ¼ L, Side, Rising Hitch R, Hip Bumps R-L-R, Hold.**

**1-4** Step Rt to the right, rising L knee up, turn ¼ left (3) step Lt slightly fwd, rising R knee up.

**5-8** Step Rt slightly to the right bump hip to right, bump hip to left, bump hip to right, hold.

**[41-48] Side, Together, Step, Hold, Pivot ½ L, Pivot ¼ L.**

**1-4** Step Lt to the left, step Rt together Lt, step Lt fwd, Hold.

**5-8** Step Rt fwd, turn  $\frac{1}{2}$  left (9) take weight onto Lt, step Rt fwd, turn  $\frac{1}{4}$  left (6) take weight onto Lt.

**[49-56] Heel Grind  $\frac{1}{4}$  Turn L, Back, Hook, Press, Recover, Recover,  $\frac{1}{4}$  L & Lift.**

**1-4** Heel grind with Rt (toes from left to right)  $\frac{1}{4}$  turn to right (9) step Lt back, step Rt back, hook Lt up across Rt.

**5-8** Press Lt fwd, recover on Rt, recover on Lt, turn  $\frac{1}{4}$  left (6) lift R heel up.

**[57-64] Cross Rock Fwd, Recover, Side Rock, Recover, Break Back, Recover, Together, Hold.**

**1-4** Rock Rt across Lt, recover on Lt, rock Rt to the right, recover on Lt.

**5-8** Turn  $\frac{1}{4}$  left (3) break Rt back, recover on Lt, step Rt together Lt, Hold.

**Start again and have fun! Contact: [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)**