

Bidi Bidi Bom Bom

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Count: 32

Wall: 4

Level: Phrased Advanced Beginner

Choreographer: William Sevone . (Sept 2014)

Dance sequence:- A+B - B - A+B - B - A+B - B - B - B

Choreographers note:- PART A coincides with the 'Bidi Bidi Bom Bom chorus' and STARTS the Wall.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts 16 counts in from the music with the Chorus line "Bidi Bidi Bom Bom"

PART A

PERFORMED ONLY AT THE START OF WALLS: 1(12:00), 3(6:00) and 5(12:00)

- 1 - 4** Leaning forward with arms outward – 4x Shake/Shimmy shoulders
- 5 - 8** Leaning backward with arms outward – 4x Shake/Shimmy shoulders
- 9 - 12** Leaning forward with arms outward – 4x Shake/Shimmy shoulders
- 13 - 16** Leaning backward with arms outward – 4x Shake/Shimmy shoulders

PART B

Diagonal Hip Sways. Hip Push:R-C-R. Diagonal Hip Sways. Hip Push:L-C-L (12:00)

- 1 - 2** Step right diagonally right & sway hip to right. Recover weight to left & sway hip to left.
- 3& 4** Step right to right side & push hips: Right-Centre-Right.
- 5 - 6** Step left diagonally left & sway hip to left. Recover weight to right & sway hip to right.
- 7& 8** Step left to left side & push hips: Left-Centre-Left.

Dance tip: On each count (1 to 8) - step down onto each foot.

1/4 Side Sway. Rec. 3/4 Cha Cha. Rock Behind. Recover. Side-Rock Behind-Cross (12:00)

- 9 - 10** Turn $\frac{1}{4}$ left (9) & step right to right side with hip sway. Recover onto left.
- 11& 12** Turn $\frac{1}{4}$ left (6) & step right next to left, turn $\frac{1}{4}$ left (3) & step left next to right, turn $\frac{1}{4}$ left (12) & step right to right side.

13 - 14 Cross rock left behind right. Recover onto right.

15& 16 Step left to left side, cross rock right behind left, cross left over right.

Dance tip: Counts 9-10 - step down onto each foot.

Side Sway. Rec. 3/4 Triple. Rock behind. Recover. Side-Rock Behind-Cross (3:00)

17 - 18 Step right to right side with hip sway. Recover onto left.

19 & 20 Turn $\frac{1}{4}$ left (9) & step right next to left, turn $\frac{1}{4}$ left (6) & step left next to right, turn $\frac{1}{4}$ left (3) & step right to right side.

21 - 22 Cross rock left behind right. Recover onto right.

23 & 24 Step left to left side, cross rock right behind left, cross left over right.

Dance tip: Counts 17-18 - step down onto each foot.

2x Dipping Hip Sway - 1/2 Triple. (Repeat) (3:00)

25 - 26 Step right to right side - with knee bend and hip sway. Recover onto left - with knee bend and hip sway.

27& 28 Triple step (on-the-spot) $\frac{1}{2}$ right (9) stepping: R-L-R

29 - 30 Step left to left side - with knee bend and hip sway. Recover onto right - with knee bend and hip sway.

31& 32 Triple Step (on-the-spot) $\frac{1}{2}$ left (3) stepping: L-R-L.

Dance note: Counts 25-26 and 29-30 are performed (each count) in a down-up motion with a subtle hip sway

The dancers can also place their hands on the front of the thighs for 'effect' and also balance..

Dance Finish: End of Wall 8 - facing 'home': Create a pose for the final 4 counts of the musical fade.