

GOIN' DOWN

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Simon Ward

Music: Down By The Lazy River by The Osmond Brothers

1-2&3 Step right forward, shuffle very slightly forward bending knees slightly left, right, left

4-5&6 Step right forward, shuffle very slightly forward bending knees slightly left, right, left

7-8 Step right forward, pivot $\frac{1}{2}$ turn left taking weight onto left foot

1-2 Step right forward, pivot $\frac{1}{4}$ turn taking weight onto left

3-4 Cross/step right over left, step left to left side turning $\frac{1}{2}$ turn right

5-6 Complete $\frac{1}{2}$ turn right by stepping right to right side and place right arm at 45 degrees left, place right arm at 45 degrees right

7-8 Point right arm to right, do like a "come here" motion right hand and raise right leg

Arm movements are meant to go in time to music, basically bringing right arm from left to right

1-2 Cross/step right over left, step left to left side

3&4 Touch right toe slightly to right, step ball of right down beside left, cross/step left over right

5-6 Step right to right side turning $\frac{1}{4}$ turn left, step left back turning $\frac{1}{4}$ turn left

7-8 Cross/rock right over left, replace weight onto left

1-2 Step right to right, turn a full turn right on ball of right foot

3-4 Touch left to left side, hold

&5-6 Step left beside right, touch right to right side, raise right knee across left

7-8 Touch right to right side, pivot $\frac{1}{4}$ turn right slightly bending right knee leaving right foot in place begin again

REPEAT

TAG

At the end of wall 3 you will add 4 counts:

- 1-2 Step right forward, step left slightly to left (feet apart)
- 3 Put your hands behind your head
- 4 Do a pelvic push

RESTART

At the end of the 5th wall you will restart after count 12 (though you will not do the $\frac{1}{2}$ turn right, replace with $\frac{1}{4}$ turn right)