

Limbo Rock

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Tina Chen Sue-Huei ,Taiwan (Jan,2015)

Music: Limbo Rock- Checker-Noceto

#2 Restarts On Wall 3 & Wall 8 After 16 Counts

Sequence: 32/32/16/32/32/32/32/16/32/32

Start dance after 64 counts.

SI. Mambo Fwd Mambo Back, Cross Shuffle, Turn Cross Shuffle

- 1&2** Fwd step RF, recover on LF, back step RF
- 3&4** Fwd step LF, recover on RF, fwd step LF
- 5&6** Cross RF over LF, side step LF, cross RF over LF
- 7&8** Making a ½ turn left, cross LF over RF, side step RF, cross LF over RF (6.00)

SII. Repeat SI.

SIII. Side Shuffle, (¼ Turn Shuffle)*3

- 1&2** Side shuffle on RLR (12.00)
- 3&4** Making a ¼ turn left, side shuffle on LRL (9.00)
- 5&6¼ Turn left, side shuffle on RLR (6.00)**
- 7&8¼ Turn left, side shuffle on LRL (3.00)**

SIV. Fwd Heel Grind, Fwd Pivot Turn, Back, Turn, Fwd

- 1&2&** Fwd R heel grind, recover on LF, step back RF, recover on LF
- 3&4&** Fwd R heel grind, recover on LF, step back RF, recover on LF
- 5-6** Fwd step RF, pivot ½ turn left, step on LF
- 7-8½ Turn left, back step RF, ½ turn left, fwd step LF (9.00)**

Happy dancing.

Contact: sh3385@gmail.com