

# Catch My Breath

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Penny Tan (Dec 2012)

**Music:** Catch My Breath by Kelly Clarkson

## **Intro : 32 counts - No Tag No Restart!**

### **S1: R side shuffle, back rock recover , L side shuffle, Back rock , recover**

**1&2**            Step RF to R , step LF beside RF, step RF to R

**3-4**            Rock back on L , recover on R

**5&6**            Step LF to L, step RF beside L, step LF to L.

**7-8**            Rock back on R, recover on L

### **S2: Fwd rock recover, together, fwd rock recover, together, fwd ,together, side, cross back touch**

**1-2&**            Step RF forward , recover on LF, step RF beside LF

**3-4&**            Step LF forward, recover on RF, step LF beside RF,

**5-6**            Step RF forward ,step LF beside RF

**7-8**            Step RF to R side , cross touch LF behind RF

### **S3: Fwd, ¼ turn R ,cross shuffle, together , back touch, ½ turn R**

**1-2**            Step LF forward, ¼ turn R step RF to R side

**3&4** **cross LF over RF, step RF to R side, cross LF over RF**

**5-6**            Jump RF to R side , step LF beside RF

**7-8**            Cross touch RF behind LF , make a ½ turn R( weight on R)

### **S4: Forward rock recover ,back shuffle , sway, sway, sway**

**1-2**            Step LF forward , recover on RF ,

**3&4**            Step back on LF, lock RF in front of LF, step back on LF

**5-6** **step RF back , sway hip to forward**

**7-8** **sway hip back, sway hip forward**

**Dance again!**

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