

# Breathing

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Kate Sala (Eng)

**Music:** "Breathing" by Jason Derulo. Album 'Future History'

## Start after 32 Count intro

### Side Rock Right, Weave Left, Side Rock Left, Weave Right.

- 1, 2      Side rock on R to right side. Recover on to L.
- 3 & 4      Cross step R behind L. Step L to left side. Cross step R over L.
- 5, 6      Side rock on L to left side. Recover on to R.
- 7 & 8      Cross step L behind R. Step R to right side. Cross step L over R. .

### Chasse Right, Rock Back, Step Pivot 1/2 Turn x 2

- 1 & 2      Step R to right side. Step L next to R. Step R to right side.
- 3, 4      Rock back on L. Recover on to R.
- 5, 6, 7, 8      Step forward on L. Pivot 1/2 turn R. Step forward on L. Pivot 1/2 turn R. \* (Restart on wall 7).

### Heel Ball Cross, Side, Together, Heel Ground 1/4 Turn Left, Shuffle Back,

- 1 & 2      Dig L heel forward to L diagonal. Step down on ball of L. Cross step R over L.
- 3, 4      Step L to left side. Step R next to L.
- 5, 6      Dig L heel across R. Grind L heel 1/4 turn left stepping back on R.
- 7 & 8      Step back on L. Step R next to L. Step back on L.

### Rock Back, Scuff Out, Out, Hitch & Side Touch & Switch, Step Forward.

- 1, 2      Rock back on R. Recover on to L.
- 3 & 4      Scuff R foot forward. Step R out to right side. Step L out to L side.
- 5 & 6      Hitch R knee up. Step down on R. Touch L toe out to left side.
- & 7,8      Step L next to R. Touch R toe out to right side. Step forward on R.

### Rock Forward, Triple 3/4 Turn Left, Modified Rumba Steps.

- 1, 2      Rock forward on L. Recover on R.
- 3 & 4      Triple step 3/4 turn left on L, R, L.

**5 & 6** Step R to right side. Step L next to R. Step forward on R.

**7, 8** Step L to left side. Step R next to L.

### **Rock Forward, Triple 3/4 Left, Modified Rumba Steps.**

**1, 2** Rock forward on L. Recover on to R.

**3 & 4** Triple step 3/4 turn left on L, R, L.

**5 & 6** Step R to right side. Step L next to R. Step forward on R.

**7, 8** Step L to left side. Touch R next to L instep. \*(Restart on wall 3)

### **Side Rock, Sailor Step, Cross, 1/2 Turn Left Side Rock.**

**1, 2** Side rock on R to right side. Recover on to L.

**3 & 4** Cross step R behind L. Step L to left side. Step R to right side.

**5, 6** Cross step L over R. Turn 1/4 left stepping back on R.

**7, 8** Turn 1/4 left rocking out to left side on L. Recover on to R.

### **Sailor Step, Cross 1/2 Turn Right, Side Rock Right, Cross Rock In front.**

**1 & 2** Cross step L behind R. Step R to right side. Step L to left side.

**3, 4** Cross step R over L. Turn 1/4 R stepping back on L.

**5, 6** Turn 1/4 right rocking out to right side on R. Recover on to L.

**7, 8** Cross rock on R over L. Recover on to L.

### **Start Again**

**\*There are 2 restarts.**

**During wall 3: Restart from the beginning of the dance after count 48 facing 9 o'clock wall.**

**During wall 7: Restart from the beginning of the dance after count 16 by keeping the weight back on L during 1/2 turn right on count 16, facing 6 o'clock.**