

# First Things First

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**Count:** 40

**Wall:** 2

**Level:** Phrased Low Intermediate

**Choreographer:** Sebastiaan Holtland (NL) - March 2025

**Intro: Slow 16 counts, after the words Oh' Oh' Start at approx 13 secs on the word 'You'**

**(Sequence: A 32, A 16, B 8 counts, A 32, A 32, B 8 tellen, A 32, A 32, B 8 tellen, A 32 ending)..**

**Part A.**

**Sec 1. [1-8] L Side, R Beside, L Step with R Sweep  $\frac{1}{2}$  L, R Cross, L Side, R Back, L Step Lock Step  $\frac{1}{2}$  Left, R Recover with L Sweep, L Small Back with R Sweep.**

**1&2 LF step left (1), RF step beside LF (&), LF step fwd  $\frac{1}{2}$  left (6.00) and sweep RF from back to front (2).**

**3&4 RF step across LF (3), LF step left (&), RF step back (4).**

**5&6 LF step fwd  $\frac{1}{4}$  left (3.00) (5), RF lock behind LF (&), LF step fwd (6).**

**7,8 RF recover and sweep LF from front to back (7), LF step slightly back and sweep RF from front to back (8).**

**Sec 2. [9-16] R Back Mambo, R Back  $\frac{1}{2}$  Left with L Sweep, L Anchor Step, Jump Both Feet Apart, Heel Bounce, R Sailor Turn  $\frac{1}{4}$  Left.**

**1&2 RF mambo back (1), LF recover (&), RF step back  $\frac{1}{2}$  left (9.00) and sweep LF from front to back (2).**

**3&4 LF locked behind Rf take weight onto LF (7), RF recover (&), LF recover (8).**

**&5&6 Jump Both feet apart (&5), Raise both heels, drop both heels take weight onto Lf (&6).**

**7&8 RF step behind LF (7), LF step left  $\frac{1}{4}$  left (6.00) (&), RF step fwd (8).**

**Sec 3. [17-24] L Half Rumba Box, L Press fwd with L Sweep, L Behind with R Sweep, R Sailor Step, Step Swivet, Toe Splits.**

**1&2 LF step left (1), RF step beside LF (&), LF press fwd (2).**

**3,4 RF recover and sweep LF from front to back (3), LF step behind RF and sweep RF from front to back (4).**

**5&6 RF step behind LF (5), LF step left (&), RF step right (6).**

**7& LF and swivet L toe to left and R heel to right and take weight onto Lf (7&).**

**8& Toes spread apart and back together ending weight onto L (8&).**

**Sec 4 [25-32] R Dorothy Step, L Step R Hitch  $\frac{1}{4}$  Left, Replace, L Step R Hitch  $\frac{1}{2}$  Left**

**1,2& RF diagonal fwd (1), lock LF behind RF (2), RF step diagonal fwd (&).**

**3&4 LF step fwd  $\frac{1}{4}$  turn left (3.00) (3), RF hitch R knee up (&), RF step back in place (4).**

**5&6 LF step fwd (5), RF hitch R knee up  $\frac{1}{2}$  turn left (9.00) (&), RF replace (6).**

**&7&8 LF hitch L knee up (&), LF replace (7), RF hitch R knee up  $\frac{1}{4}$  left (6.00) (&), RF replace (8).**

## **Part B**

**Sec 1 [1-8] L Heel Rock Fwd, L Side Heel Rock, R Weave, R Hitch, Suzie Q'S (TRAVELING HEEL GRINDS to Left), R Coaster Step.**

**1&2& LF heel rock fwd (1), RF recover (&), LF heel rock left (2), RF recover (&).**

**3&4& LF step behind RF (3), RF step right (&), LF step across RF (4), RF hitch R knee up (&).**

**5&6& RF grinding heel across LF and traveling to left weight onto LF (Suzie Q'S) (5&6&).**

**7&8 RF step back (7), LF step beside RF (&), RF step fwd (8).**

**REPEAT THE DANCE AND HAVE FUN!!**