

GET IT OVER

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Count: 48

Wall: 2

Level: intermediate

Choreographer: Simon Ward

Music: No Time For Tears by Jo Dee Messina

¼ TURN SAILOR STEP, BACK ROCK, SHUFFLE STEP, STEP ½ PIVOT

- 1** Cross left behind right
- &2** Step right ¼ turn right, step left beside right
- 3-4** Rock back on right, rock forward onto left
- 5&6** Step forward right, close left beside right, step forward right
- 7-8** Step forward left, pivot ½ turn right

DIAGONAL STEP, TOE BACK, SHUFFLE ½ TURN, TWICE

- 9-10** Step left forward to right diagonal (into corner), touch right toe back
- 11-12** Shuffle back making ½ turn left, stepping - right, left, right

You are now facing opposite corner

- 13-14** Step forward left (into corner), touch right toe back
- 15-16** Shuffle back making ½ turn left, stepping - right, left, right

You should now face wall ¼ turn left of start of dance

STEP, TOUCH, HEEL JACK, ROCK ¼ TURN, SYNCOPATED ½ TURN

- 17-18** Step forward left, touch right beside left
- &19** Step back on right, touch left heel forward
- &20** Step left to place, touch right beside left
- 21-22** Rock to right side on right, rock weight onto left making ¼ turn left
- 23** Step forward right
- &** On ball of right make ½ turn left stepping left beside right
- 24** Step forward right

ROCK STEP, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

- 25-26** Rock forward on left, rock back onto right

- 27&28** Step back left, close right beside left, step back left
- 29-30** Rock back on right, rock forward onto left
- 31&32** Step forward right, close left beside right, step forward right

SYNCOPATED ROCKS WITH SHUFFLES BACK & FORWARD

- 33&34** Rock forward on left, rock back onto right, step back left
- 35&36** Step back right, close left beside right, step back right
- 37&38** Rock back on left, rock forward onto right, step forward left
- 39&40** Step forward right, close left beside right, step forward right

SIDE ROCK WITH CROSS, UNWIND ½ TURN, KNEE POPS, HOLD

- 41** Rock to left side on left
- &42** Rock weight onto right in place, cross step left over right
- 43-44** Unwind ½ turn right, step right slightly to right side
- 45-46** Pop left knee forward, pop right knee forward
- 47-48** Pop left knee forward, hold

REPEAT

TAG

This tag should be added to the end of the dance once only after the second wall

KNEE POPS

- 49-52** Pop knees forward - right, left, right, left