

PUSH PUSH

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Raymond Sarlemijn (Mar 08)

Music: Push by Enrique Iglesias

(1-8) Step out, step out, knee out, knee in, knee out, slide back ¼ turn, kick and out.

1 RF step out to right, while doing this give elbow with right to right.

2 LF step out to left, while doing this give elbow with left to left.

3 Right knee out to right.

& Right knee in.

4 Left knee out to left, while doing this look left.

5 LF slide back, while doing this roll left shoulder back and turn ¼ over left.

6 LF next RF, while doing this roll right shoulder back.

7 RF kick forward.

& RF next to LF.

8 LF step out to left, [facing 21:00]

(9-16) 1/8 turn left, 1/8 turn left, look right back, look left back, ¾ flick turn right, slide to left.

1 Turn 1/8 over left, while doing this RF step forward and push right shoulder forward.

& Push right shoulder backwards.

2 Turn 1/8 over left, while doing this RF step forward and push right shoulder forward.

3 Look over right shoulder.

4 Look over left shoulder.

5 RF flick backwards, while doing this turn ¾ over right.

6 RF next to LF.

7 LF slide to left.

8 RF touch next to LF, [facing 3 o'clock].

(17-24) Step out, step out, arm movements, RF next to LF, step forward, $\frac{1}{4}$ turn left.

1 RF step out to right, while doing this bring right arm front of your body.

2 LF step out to left, while doing this bring left arm front of your body.

3 Bring right hand above left hand in front of your body, but keep fingers down of right hand, left hand keep fingers up.

& Put both wrist together but keep right hand up.

4 Cross both arms in front of your body like a figure x.

5 Bring both arms in side of your body.

6 Bring both arms above your head, while doing this RF next to LF.

7 RF step forward.

8 $\frac{1}{4}$ over left, [facing 12 o'clock].

(25-32) Knees in, knees out, knees normal, sailor step, cross behind, $\frac{3}{4}$ turn left, kickball change.

1 Put both knees in, while doing this give a elbow with right in front of your body down into the floor.

& Put both knees out, while doing this right arm goes to left and look right.

2 Put knees normal and look forward.

3 RF cross backward LF.

& LF next to RF.

4 RF step out to right.

5 Lock LF behind RF.

6 Turn $\frac{3}{4}$ over left.

7 RF kick forward.

& RF next to LF.

8 LF step forward, [facing 3 o'clock].

Start again have fun

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=74963