

# LIFE'S A BEACH

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate social cha

**Choreographer:** Gaye Teather

**Music:** Life Is A Beach by The Bellamy Brothers

## LEFT SIDE ROCK, BACK ROCK, SIDE CLOSE, CHASSE LEFT

- 1-2** Rock left to left side, recover onto right
- 3-4** Rock back on left, recover onto right
- 5-6** Step left to left side, step right beside left
- 7&8** Step left to left, step right beside left, step left to left (12:00)

## TOUCH ACROSS, SWEEP $\frac{1}{4}$ RIGHT, RIGHT CHASSE, TOUCH ACROSS, SWEEP, LEFT SAILOR STEP

- 9-10** Touch right toe across left foot (towards left diagonal), sweep right toe round to right side making  $\frac{1}{4}$  turn right (weight on left foot) - (3:00)
- 11&12** Step right to right side, step left beside right, step right to right
- 13-14** Touch left toe across right foot (towards right diagonal), sweep left toe round to left side
- 15&16** Step left behind right, step right to right, step left to left

## RIGHT CROSS ROCK, RIGHT CHASSE, LEFT CROSS ROCK, SHUFFLE $\frac{1}{2}$ TURN LEFT

- 17-18** Cross rock right over left, recover onto left
- 19&20** Step right to right side, step left beside right, step right to right
- 21-22** Cross rock left over right, recover onto right
- 23&24** Shuffle  $\frac{1}{2}$  turn left stepping left, right, left (9:00)

## SWAY FORWARD, BACK, STEP LOCK, STEP-LOCK-STEP

- 25-26** Rock forward on right foot swaying hips forward, recover onto left
- 27-28** Rock back on right foot, swaying hips back, recover onto left
- 29-30** Step forward on right, lock left behind right
- 31&32** Step forward on right, lock left behind right, step forward on right

## REPEAT