

Inside Out

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kim Ray

Music: On The Outside by Roch Voisine - Double Album

CROSS ROCK/RECOVER, BALL CROSS, STEP SIDE, BACK CROSS, COASTER CROSS, CROSS STEP

- 1-2** Cross rock/lean right over left, recover back on left
- &3-4** Step right slightly back & cross left over right, step right to right side
- &5-6** Facing left diagonal: Step back on left, cross right over left, step back on left
- &7-8** Straightening up: Step back on right, cross left over right, cross right over left (7-8 travelling forward)

TRIPLE ½ TURN RIGHT, ROCK/RECOVER ¼ TURN LEFT, ROCK/RECOVER ½ TURN RIGHT, FULL TURN RIGHT

- 1&2** Stepping left, right, side left - ½ turn right

(restart here on wall 4)

- 3&4** Rock back on right, recover on left, ¼ turn left stepping right to right side
- 5&6** Rock back on left, recover on right, ½ turn right stepping left in place
- 7&8** Triple fully turn right stepping, right, left, right

BALL STEP FORWARD, RUN FORWARD, ROCK/RECOVER, COASTER CROSS, ROCK & CROSS

- &1** Step left slightly forward, step forward on right
- 2&** Small step/run forward on left, small step/run forward on right
- 3-4** Rock/lean forward on left, recover on right
- 5&6** Step back on left, step back on right, cross left over right
- 7&8** Side rock right, recover on left, cross right over left

BALL ½ TURN & SIDE STEP, & CROSS & ROCK/RECOVER, BALL CROSS UNWIND, BALL CROSS UNWIND

- &1 ¼ turn right stepping back on left, ¼ turn right stepping right to right side**

- 2&3** Cross left over right, step right to right side, cross rock/lean left over right
- 4** Recover back on right
- &5** Step left to left side, cross right over left
- 6** Unwind full turn left finishing with weight on right
- &7** Step left to left side, cross right over left
- 8&** Unwind full turn left finishing with weight on right, step left to left side (steps &5 to 8& are travelling to left side)

Start again

RESTART:

Restart on wall 4 after 10 counts facing 3o/c)