

# MY HEART

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**Count:** 64      **Wall:** 4      **Level:** intermediate

**Choreographer:** Teresa Lawrence & Vera Fisher

**Music:** My Heart Won't Let You Leave My Mind by Jake Mathews

**Start dance 1 count in, on main vocals**

## CHASSE SIDE, ROCK REPLACE, SIDE BEHIND BALL CROSS STEP SIDE

- 1&2      Chasse right to right side
- 3-4      Rock back left, replace weight on right
- 5-6      Step left to left side, step right behind left
- &7-8     Step left to left side, cross right over left, step left to left side

## ROCK REPLACE, PIVOT ¼ TURN WITH HIPS X3

- 1-2      Rock back on right, replace weight on left
- 3-4      Step forward right, pivot ¼ turn left weight to end on left (swinging hips out to right side)
- 5-6      Repeat counts 3-4
- 7-8      Repeat counts 3-4 (3:00)

## STEP FORWARD TOUCH AND HEEL AND STEP FORWARD, TWICE

- 1-2      Step forward on right, touch left toe next to right
- &3      Step back on left, dig right heel forward
- &4      Replace weight on right, step forward on left
- 5-6      Repeat counts 1-2
- &7      Repeat counts &3
- &8      Repeat counts &4 (restart here on wall 4 facing the 6:00 wall)

## ROCK FORWARD REPLACE, TRIPLE HALF TURN, TRIPLE HALF TURN, ROCK BACK REPLACE

- 1-2      Rock forward right, replace weight back on left
- 3&4      Triple ½ turn over right shoulder (traveling backwards)
- 5&6      Triple ½ turn over right shoulder (traveling backwards)
- 7-8      Rock back right replace weight on left (3)

## You can replace counts 3-6 with 2 shuffles back

### WALK RIGHT LEFT RIGHT KICK CLAP, BACK TWO THREE TOUCH RIGHT TO RIGHT SIDE

1-2-3-4 Walk forward right, left, right, kick forward with left

5-6-7-8 Walk back, left, right, left, touch right toe out to right side

### SAILOR STEP, SAILOR $\frac{1}{4}$ TURN LEFT

1&2 Right sailor

3&4 Do a left sailor making a  $\frac{1}{4}$  turn left

5-6 Step forward right, pivot  $\frac{1}{2}$  left

7-8 Walk forward right, left (6)

### GRAPEVINE RIGHT, GRAPEVINE LEFT (OPTION. YOU CAN DO FULL TURNS ON THE VINES)

1-2-3-4 Vine right ending with a touch left next to right on count 4

5-6-7-8 Vine left ending with a touch right next to left on count 8

### JAZZ BOX $\frac{1}{4}$ TURN RIGHT, JUMP FORWARD CLAP, JUMP BACK CLAP

1-2-3-4 Jazz box, making  $\frac{1}{4}$  turn right

&5-6 Jump forward right, left on counts &5, clap on count 6

&7-8 Jump back right, left on counts &7, clap on count 8, weight to end on left (9)

### REPEAT

### RESTART

**On wall 4, you will start wall 4 facing 3:00. Dance up to & including &8 of section 3 the step touch & heel bit. You'll be facing 6:00 to start dance from the beginning**