

# Like A Hula Hula Hoop

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**Count:** 64      **Wall:** 4      **Level:** Phrased Easy Intermediate

**Choreographer:** Wil Bos & Dwight Meessen - Sept 2015

**Music:** "Hula Hoop" by Omi (single)

**Intro: 32 counts - Sequence: AA, BB, A16, AA, BB, A, Tag, B, A, Ending**

**PART A - 32 counts**

**A1: Rock Side Recover, Close, Rock Side Recover, Close, Rock Fwd Recover, Shuffle ½  
Turn R**

**1-2RF rock side, LF recover**

**&3-4RF together, LF rock side, RF recover**

**&5-6LF together, RF rock forward, LF recover**

**7&8RF ¼ right step side, LF step beside, RF ¼ right step forward [6]**

**A2: Cross, ¼ Turn L Back, Coaster, Fwd, Hold, Ball, Walk x2**

**1-2LF cross over, RF ¼ left step back**

**3&4LF step back, RF together, LF step forward**

**5-6RF step forward, hold**

**&7-8LF together, RF step forward, LF step forward [3]**

**A3: Rock Fwd Recover, Triple Full Turn R, Side Point x2**

**1-2RF rock forward, LF recover**

**3&4RF ½ right step in place, LF step beside, RF ½ right step in place**

**5-8LF step side, RF point side, RF step side, LF point side [3]**

**A4: Diag. Rock Back Recover, Shuffle Fwd, Pivot ½ Turn L, Rock Fwd Straightening Up  
Recover**

**1-2LF ⅛ left rock back, RF recover**

**3&4LF step forward, RF step beside, LF step forward**

**5-6RF step forward, R+L ½ turn left**

**7-8RF rock forward, LF ⅛ right recover [9]**

### **PART B - 32 counts**

#### **B1: Rolling Vine, Point Clap (x2)**

**1-4RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side and clap**

**5-8LF ¼ left step forward, RF ½ left step back, LF ¼ left step side, RF point side and clap**

#### **B2: Hip Bumps, Hip Rolls**

**1-4RF step side and bump hips right, hips right, hips left, hips left**

**5-8roll hips cw in 2 counts, roll hips cw in 2 counts**

#### **B3: Pivot ½ Turn L x2, Rocking Chair**

**1-4RF step forward, R+L ½ turn left, RF step forward, R+L ½ turn left**

**5-8RF rock forward, LF recover, RF rock back, LF recover**

#### **B4: Hip Bumps, Hip Rolls**

**1-4RF step side and bump hips right, hips right, hips left, hips left**

**5-8roll hips cw in 2 counts, roll hips cw in 2 counts**

#### **TAG: Side Rock Recover, Back Rock Recover**

**1-4RF rock side, LF recover, RF rock back, LF recover**

#### **Ending: End after the last part A with:**

**1-3RF rock forward, LF recover, RF ½ right step forward [12]**

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**Last Update - 16th Sept 2015**

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