

Don't Be So

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Linda Burgess - Sydney-Australia - Sept 2015

Music: Jess Glynn - Don't Be So Hard on Yourself. Album- I Cry When I Laugh (3.31mins) (120 bpm)

Intro: Start with Lyrics (Came) about 2 counts in...

[1-8] STEP, TAP, STEP, TAP, STEP, CROSS, SIDE, BEHIND, SIDE, CROSS

1,2,3,4 Big step R, tap L beside R & clap hands up high, big step L, tap R beside L & clap

&5,6,7&8 Step R to R, cross/step L over R, step R to R, cross/step L behind R, step R to R, cross/step L over R (12.00)

[9-16] STEP, CROSS, REPLACE, STEP, CROSS, REPLACE, ¼ STEP, STEP/PIVOT ½, SHUFFLE FWD

&1,2&3,4 Step R to R, cross/step L over R, replace weight to R, step L to L, cross/step R over L, replace weight to L

&5,6,7&8 Turn ¼ R & step fwd R, step fwd L, pivot ½ turn R, shuffle fwd L,R,L (9.00)

[17-24] FULL TURN, ROCK, REPLACE, ½ STEP, ROCK, REPLACE, ½ FWD

1,2,3,4 Turn ½ L & step back R, turn ½ L & step fwd L, rock/step fwd R, replace weight to L

5,6,7,8½ turn R & step fwd R, rock/step fwd L, replace weight to R, turn ½ L & step fwd L (9.00)

[25-3]2 STEP, PIVOT ¼, CROSS SAMBA, CROSS, ¼ BACK, L COASTER

1,2,3&4 Step fwd R, pivot ¼ turn L, cross/step R over L, step L to L, replace weight to R (6.00)

5,6,7&8 Cross/step L over R, turn ¼ L & step back R, L coaster (3.00)

[33-40] SLIDE, SLIDE, SHUFFLE FWD, ROCK, REPLACE, TOGTHR, STEP/PIVOT ½

1,2,3&4(using hips)- Slide fwd R, slide fwd L, (or full turn R) shuffle fwd R,L,R (3.00)

5,6&7,8 Rock/step fwd L, replace weight to R, step L beside R, step fwd R, pivot ½ turn L (9.00)

[41-48] ¼ SIDE, BEHIND, ¼ STEP, STEP/PIVOT ½, ¼ L DOROTHY, R DOROTHY

1,2&3,4 Turn ¼ L & step R to R, cross/step L behind R, ¼ turn R & step fwd R, step fwd L, pivot ½ turn R (3.00)

5,6&7,8& Turn $\frac{1}{4}$ R & step L fwd to L45, cross/step R behind L, step L beside R, step R fwd to R45, cross/step L behind R, step R beside L (still facing 45R) (7.30)

[49-56] STEP, $\frac{1}{2}$ KICK, COASTER, TOGTHR, FULL TURN, STEP, STEP, LOCK, STEP

1,2,3&4 The next 13 counts danced on diagonal -Step fwd L, keep weight on L & make a $\frac{1}{2}$ turn R & kick R fwd,(to front R diagonal), R coaster (1.30)

&5,6,7,8&1L beside R, step fwd R, turn $\frac{1}{2}$ R & step back L, $\frac{1}{2}$ turn R & step fwd R, step L fwd, lock/step R behind L, step fwd L (1.30)

[57-64] ROCK, REPLACE, BACK, LOCK, BACK, 3/8 FWD, STEP, PIVOT 1/2

2,3,4&5 Rock/step fwd R, replace weight to L, step back R, lock/step L in front of R, step back R

6,7,8 Turn $\frac{3}{8}$ ths L (9.00)& step fwd L, step fwd R, pivot $\frac{1}{2}$ turn L (weight L). (3.00)

Begin Again!!

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