

# DOUBLE TWIST

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**Count:** 48

**Wall:** 2

**Level:** intermediate partner dance

**Choreographer:** Larry & Jody Carriger

**Music:** Babalou by The Tractors

**Position:** Double Hand Hold; (never let go of hands); **Opposite Footwork.** (Man starts with Left, Lady with Right.)

**VINE, 1/4 TURN, HEEL, 1/2 TURN, HEEL, 1/4 TURN, TOUCH**

**1-4MAN:** Step left, step right behind left, step on left (turning 1/4 left), touch right heel forward

**LADY:** Step right, step left behind right, step on right (turning 1/4 left) touch left heel forward

**5-8MAN:** Step on right (turning 1/2 right), touch left heel forward, step left (turning 1/4 left), touch right toe at instep (bring arms out to your sides at waist level when doing turns)

**LADY:** Step on left (turning 1/2 right), touch right heel forward, step right (turning 1/4 left) touch left toe at instep (now facing partner)

**VINE, 1/4 TURN, HEEL, 1/2 TURN, HEEL, 1/4 TURN, TOUCH**

**9-12MAN:** Step right, step left behind right, step on right (turning 1/4 left), touch left heel forward

**LADY:** Step left, step right behind left, step on left (turning 1/4 left), touch right heel forward

**13-16MAN:** Step on left (turning 1/2 right), touch right heel forward, step right (turning 1/4 left) touch left toe at instep

**LADY:** Step on right (turning 1/2 right), touch left heel forward, step left (turning 1/4 left) touch right toe at instep (now facing partner)

**1/4 TURN, HEEL, ANGLE STEP, TOUCH, LADY'S WRAP AND DUNK OUT**

**17-20MAN: Step left (turning  $\frac{1}{4}$  left), touch right heel forward, step back on right (at right angle) touch left toe at instep**

**LADY: Step right (turning  $\frac{1}{4}$  left), touch left heel forward, step back on left (at right angle) touch right toe at instep (now facing partner)**

**21-24MAN: Step left, step forward right, step forward left (turning  $\frac{1}{2}$  right), touch right toe at instep**

**Man's left arm goes over lady's head to put lady in a wrap, lady dunks down and goes under man's right arm to face him, hands are crossed, right over left**

**LADY: Step forward right (turning  $\frac{1}{2}$  left), step back on left, step back on right, touch left toe at instep (now facing partner)**

**LADY'S WRAP, TOUCH, UNWIND LADY, HEEL**

**25-28** Man: Step RIGHT, step forward LEFT, step forward RIGHT (turning  $\frac{1}{2}$  LEFT) touch LEFT at instep

**Hands go up and over lady's head, bringing back down to wrap position, lady in front of man, back to belly**

**LADY: Step forward left, step forward right, step forward left, touch right toe at instep**

**29-32MAN: Step forward left (at a right angle), step right together, step left in place, touch right heel forward**

**Man's left, lady's right, hands go over lady's head as she turns and ends up in left shoulder to left shoulder parallel, with arms at waist level**

**LADY: Step back on right (turning  $\frac{1}{2}$  right), step left in place, step right in place, touch left heel forward**

**PIN WHEEL WALK, VINE ACROSS**

**33-36MAN: Walk forward right, left, right pin wheeling  $\frac{1}{2}$  counter to the right or left, touch left heel forward**

**LADY: Walk forward left, right, left pin wheeling  $\frac{1}{2}$  counter to the right or left, touch right heel forward**

**37-40MAN: Step left, step right behind left, step left, touch right heel forward (now right shoulder to right shoulder parallel, with arms at waist level)**

**LADY: Step right behind, step left, step right next to left, touch left heel forward**

**TURN  $\frac{1}{2}$ , HEEL, TURN  $\frac{1}{2}$ , HEEL, TURN  $\frac{1}{4}$ , TOUCH, STEP IN FRONT**

**41-44MAN: Step on right (turning  $\frac{1}{2}$  right), touch left heel forward, step on left (turning  $\frac{1}{2}$ l) touch right heel forward**

**LADY: Step on left (turning  $\frac{1}{2}$  right), touch right heel forward, step on right (turning  $\frac{1}{2}$  left) touch left heel forward**

**45-48MAN: Step on right (turning  $\frac{1}{4}$  right), touch left at instep, (back in double hand hold) step left, step right in front of left**

**LADY: Step on left (turning  $\frac{1}{4}$  right), touch right at instep, (back in double hand hold) step right, step left in front of right**

**REPEAT**