

Do The Monty

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: William Sevone . (Oct 2010)

Music: "Liberty Bell March" (126 bpm)... 101 Strings Orchestra

Choreographers note:- There are many versions of this classic March - though only the first 1m 6secs (aprox)

are actually used for this dance. First published October 2010.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts after a quick 3 second intro (see start position).

Start position: Right foot forward

Together. 4x Funky Chicken. Fwd. Rock. Recover (12:00)

- 1 - 2 Step left next to right. Funky Chicken (a).
- 3 - 4 Funky Chicken (b). Funky Chicken (a)
- 5 - 6 Funky Chicken (b). Step forward onto right.
- 7 - 8 Rock forward onto left. Recover onto right.

Dance Note:

Funky Chicken (a) Hands on hips - elbows out. Toes together - heel out.

Funky Chicken (b) Hands on hips - elbows backward. Toes together - heels together.

The dancer can also bend their knees slightly to give an 'extra Chicken' feel.

Prissy Skips Back. Rock. Recover. Prissy Skips Forward (12:00).

9 - 10raising left knee - Scoot backward on right foot. Step backward onto left.

11 - 12raising right knee - Scoot backward on left foot. Step backward onto right.

13 - 14raising left knee - Scoot backward on right foot. Step backward onto left.

15 - 16raising right knee - Scoot backward on left foot. Step backward onto right.

Style note: Limply shake wrists at head height during section - you can wobble your head as well.

Rock. Recover. Prissy Skips Forward (12:00).

17 - 18 Rock backward onto left. Recover onto right.

19 - 20 raising left knee - Scoot forward on right foot. Step forward onto left.

21 - 22 raising right knee - Scoot forward on left foot. Step forward onto right.

23 - 24 raising left knee - Scoot forward on right foot. Step forward onto left.

Style note: Counts 19-24: Hold arms Rabbit fashion - with hands hanging limply forward.

Together. 2x Bend-Raise. Silly Walk (3:00).

25 - 26 Step right next to left. Keep back straight & bend knees outward (not full 'squats').

27 - 28 Straighten up. Keep back straight & bend knees outward.

29 - 30 Straighten up. Kick right foot forward.

31 - 32 Turn $\frac{1}{4}$ right & swing right leg backward (3). Take very large step forward onto right foot.

Add as much 'silliness' as you want to this dance - definitely not to be taken seriously.

The dance finishes after the 4th wall - facing 'Home'

Last Update - 21st Oct. 2015