

# Big Moments

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**Count:** 32

**Wall:** 2

**Level:** Intermediate / Advanced NC2S

**Choreographer:** Rachael McEnaney (Dec 07)

**Music:** Lost In This Moment - Big and Rich

**Intro: 16 counts from start of track - dance begins on vocals**

**(1 - 8) Left coaster into  $\frac{3}{4}$  turn, behind side cross, side rock cross, turn, rolling vine, cross rock**

- & 8 &** Step back on left (&), step right next to left (8), step forward on left (&) 12.00
- 1** Make  $\frac{3}{4}$  turn right on ball on left sweeping right foot round to behind left (clockwise) (1), 9.00
- 2 & 3** Cross right behind left (2), step left to left side (&), cross right over left (3) 9.00
- & 4 &** Rock left to left side (&), recover weight to right (4), cross left over right (&) 9.00
- 5 &** Make  $\frac{1}{4}$  turn left stepping back on right (5), make  $\frac{1}{4}$  turn left on ball of right sweeping left leg - no weight change (&) 3.00

**Note: try not to count the above & count - think of it as part of count 5.**

- 6 & 7** Make  $\frac{1}{4}$  turn left stepping forward on left (6), make  $\frac{1}{2}$  turn left stepping back on right (&), make  $\frac{1}{4}$  turn left stepping left to left side (7) 3.00
- 8 &** Rock forward on right (slightly in front of left) (8), recover weight to left (8) (body is angled towards 1.30) 1.30

**(9 - 16)  $\frac{1}{2}$  turn right, walks round, cross, side rock, cross  $\frac{1}{2}$  turn left**

- 1** Make  $\frac{1}{2}$  turn right to face 7.30 stepping forward on right 7.30
- 2 & 3** Step forward on left (2), make  $\frac{1}{8}$  turn left stepping forward on right (&), make  $\frac{1}{8}$  turn left stepping forward left (3) 4.30
- 4 & 5** Make  $\frac{1}{8}$  turn left stepping forward right (4), make  $\frac{1}{8}$  turn left stepping forward left (&) cross right over left (5) 1.30
- 6 & 7** Rock left to left side squaring up to face 3.00 (6), recover weight to right (&), cross left over right (7) 3.00
- & 8 &** Make  $\frac{1}{4}$  turn left stepping back on right (&), make  $\frac{1}{4}$  turn left stepping left to left side (8), cross right over left (&) 9.00

**(17 - 24) Nightclub basic left and right, ¼ turn left, full pivot turn left, left lock step back**

- 1 - 2 &** Step left to left side (1), rock back on right (2), recover weight forward onto left (&) 9.00
- 3 - 4 &** Step right to right side (3), rock back on left (4), recover weight forward onto right (&) 9.00
- 5 - 6 &** Make ¼ turn left stepping forward on right (5), step forward on right (6), make ½ turn left weight ends left (&) 12.00
- 7 - 8 &** Make ½ turn left stepping back on right (7), step back on left (8), lock step crossing right over left (&) 6.00

**(25 - 32) ¼ turn right, touch lunge, ¼ turn left, full turn left, walk, rock forward - into start of dance**

- 1 - 2 &** Step back on left (1), make ¼ turn right stepping right to side (2), touch left toe to left side bending right leg slightly (&) 9.00
- 3 - 4 &** Make ¼ turn left stepping forward on left (3), make ½ turn left stepping back on right (4), make ½ turn left stepping forward on left (&) 6.00
- 5** Step forward on right (5) 6.00

**Easy alt Alternative for counts 4 & 5 would be to do a right shuffle/lock step forward**

- 6 - 7** Rock forward on left (6), recover weight onto right (7) 6.00

**START AGAIN, HAVE FUN!**