

# I CAN DANCE!

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Cindy Truelove & Simon Ward

**Music:** Now I Can Dance (Single Edit) by Tina Arena

**This is a Latin style dance with the accents on counts 4&5 and 8&1.**

- 1-2-3** Walk forward right, then left, turn  $\frac{1}{2}$  left and step back on right (facing back wall)
- 4&** Step ball of left beside right, step right slightly forward
- 5-6-7** Walk forward left, then right, turn  $\frac{1}{2}$  right and step back on left (facing front)
- 8&** Step ball of right beside left, step left slightly forward
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- 1-2-3** Walk forward right, then left, then right
- 4&** Rock on left to side, return weight to right at center and at same time bring left leg in beside right (no weight on left)
- 5-6-7** Step back on left, then right, then left
- 8&** Rock right to side, return weight to left at center and at the same time bring right leg in beside left (no weight on right)
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- 1-2-3** Step right to side, cross left behind, step right to side turning  $\frac{1}{4}$  right
- 4&** Rock forward on left, return weight to right turning  $\frac{1}{2}$  left
- 5-6-7** Step left forward, step on right and spin a full turn left, step left forward
- 8&** Rock forward on right, return weight to left turning  $\frac{1}{4}$  right
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- 1-2** Step right to side swaying hips to right and slightly raising left heel, repeat to left
- 3** Return weight to right sliding left in beside
- 4&** Place left behind right swiveling both heels in (like a Louie), straighten heels
- 5-8&** Repeat above counts 1-4& on left side

- 1-2-3** Rock right to right side, return weight to left, cross right over left
- 4&** Rock left to left side, return weight to right turning  $\frac{1}{4}$  turn right
- 5-6-7** Rock left to left side, return weight to right, cross left over right
- 8&** Step right back, step left back beside right
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- 1-2** Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left
- &** Pop left knee forward at the same time cross/touch right toes over left
- 3-4** Tap right heel forward across left at 45 degrees left, tap right heel forward at 45 degrees right
- &** Step right beside left
- 5-8&** Repeat above counts 1-2 & 3-4 & on left

**REPEAT**