

# One Last Time

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rob Fowler (Sept 2014)

**Music:** Ariana Grande - One last Time

## Intro on vocals approx.. 9 secs.

### Syncopated heel grinds, Heeljack and sweep

- 1,2&** Rock fwd on right heel turning right toe from in to out, step back right
- 3,4&** Rock fwd on left heel turning left toe from in to out, step back left
- 5&6** Cross right over left, step left to left side, touch right heel to right diagonal
- &7,8** Step right next to left, Cross left over right, sweep right in front of left (no Weight)

### Right cross touch left, cross $\frac{1}{4}$ turn, shuffle back left, rock step back

- 1,2** Cross right foot over left foot, touch left toe to left side
- 3, 4** Cross left over right, make  $\frac{1}{4}$  turn to left stepping back onto right foot
- 5&6** Shuffle back left (LRL)
- 7,8** Rock back right, recover forward left

### Two half turns forward, right shuffle forward, left rock step recover, jump back left right, hold

- 1,2** Make  $\frac{1}{2}$  turn left stepping back on right, make  $\frac{1}{2}$  turn left stepping forward on left
- 3&4** Shuffle forward right (RLR)
- 5,6** Rock forward on left, recover back on right
- &7,8** Jump back left, step right to right side, hold

### Syncopated rock steps, rolling turn right, hold

- 1,2,&** Rock left over right, recover back onto right, step left to left side
- 3,4** Rock right over left, recover back on right
- 5,6** Make  $\frac{1}{4}$  turn to right stepping forward on right,  $\frac{1}{2}$  turn to right stepping back on left
- 7,8** Make  $\frac{1}{4}$  turn to right stepping right to right side, hold

### $\frac{1}{2}$ turn syncopated Monterey, cross $\frac{1}{2}$ turn chase left

- &1,2** Step left next to right, rock right to right side, recover to left

- &3,4** Make ½ turn to right stepping right next to left, rock left to left side, recover to right
- 5,6** Cross left over right, step right to right side
- 7&8** Make ½ turn to left, chase left

### **Sailor step right, sailor step left, two half pivot turns**

- 1&2** Right sailor step (RLR)
- 3&4** Left sailor step (LRL)
- 5,6** Step forward right half pivot left
- 7,8** Step forward right half pivot left

### **Right kick ball change, right Dorothy step, Left kick ball change, Diagonal step left, touch right**

- 1&2** Right kick ball change
- 3,4&** Step right to right diagonal, lock left behind right, step right to right diagonal
- 5&6** Left kick ball change
- 7,8** Step left to left diagonal, touch right behind left

### **Shuffle back right, shuffle back left, full walk around turn**

- 1&2** Shuffle back right (slightly angle body right)
- 3&4** Shuffle back left (slightly angle body left)
- 5,6** Make ½ turn right stepping fwd right, step fwd left
- 7,8** Make ½ turn right stepping fwd right, step fwd left

### **END OF DANCE**