

LineDance Entertainment

Astrids Ding Dong Song by Claudia Arndt (DE) - 10 May 2024 - 16 Count, 4 Wall, Absolute Beginner Dance

Note : The dance begins with the use of singing

S1: Charleston steps, walk 2, run 3

1-2 Swing the RF forward in a circle and tap the tip of your right foot in front RF swing backwards in a circle and step backwards with right

3-4 Swing LF backwards in a circle and tap the tip of your left foot at the back Swing LF forward in a circle and step forward with your left hand

5-6 2 steps forward (r - l)

7&8 2 small steps forward and put RF on the left (r - l - r)

S2: Heels-toes-heels swivels r + l, $\frac{3}{4}$ paddle turn l, touch

1&2 Turn both heels, toes and heels to the right again

3&4 Turn both heels, toes and heels to the left again

5-8 Tap 3x a $\frac{1}{4}$ turn to the left and right toe to the right - tap RF next to LF (3 o'clock)

Repetition to the end

Step description created by Get In Line (Rainer)